

# SHOW SCHEDULE

## HBDA 2022 SHOW

Each class is scheduled for at least one Dress Rehearsal and 1-2 Shows. Dress Rehearsal is MANDATORY.

\*Please check the grid schedule below for your dancer's scheduled times - be sure you know the correct class name (check the parent portal or class schedule if you are unsure).

### Dress Rehearsal & Show

Location: Carlmont High School  
Performing Arts Center  
1400 Alameda de las Pulgas,  
Belmont, CA 94002



Dress Rehearsal A:  
Wednesday 6/15 5:00-6:00pm

Dress Rehearsal B:  
Wednesday 6/15 6:00-6:30pm

Dress Rehearsal C:  
Wednesday 6/15 6:30-8:00pm

Dress Rehearsal D:  
Wednesday 6/15 8:00-9:00pm

Dress Rehearsal E:  
Thursday 6/16 5:00-7:00pm

Dress Rehearsal F:  
Thursday 6/16 7:00-10:00pm

Show 1:  
Friday 6/17 5:00pm (4:00 Call Time)

Show 2:  
Friday 6/17 7:30pm (6:45 Call Time)

Show 3:  
Saturday 6/18  
ACT I 1:00pm (12:15 Call Time)  
ACT II 2:15pm (12:30 Call Time)

Show 4:  
Saturday 6/18 4:30pm (3:30 Call Time)

Show 5:  
Saturday 6/18 7:30 (6:45 Call Time)

CLASSES	WED 6/15 DR A	WED 6/15 DR B	WED 6/15 DR C	WED 6/15 DR D	THUR 6/16 DR E	THUR 6/16 DR F	FRI 6/17 SHOW 1	FRI 6/17 SHOW 2	SAT 6/18 SHOW 3	SAT 6/18 SHOW 4	SAT 6/18 SHOW 5
Tiny Tumbling I, II	B								ACT II		
Acro I, II	B								ACT II		
Acro I, II, III, IV Teen				D					ACT II		
Acro III, III/IV, IV, V				D					ACT II		
Pre-Ballet	A								ACT I		
Adv. Pre-Ballet I, II	A								ACT I		
Ballet I		C					X			X	
Ballet I/II Teen					E			X		X	
Ballet II		C					X			X	
Ballet II Teen					E			X			X
Ballet III					E		X			X	
Ballet III Teen						F		X			X
Ballet III/IV						F		X			X
Ballet IV, IV/V, V						F		X			X
Pointe						F		X			X
Mini Hip Hop	A								ACT I		
Hip Hop I Jr.			C							X	
Hip Hop I, II Pre-Teen			C				X			X	
Hip Hop I, II Teen					E			X			X
Hip Hop III Pre-Teen					E		X			X	
Hip Hop III Teen						F		X			X
Jazz I		C					X			X	
Jazz I Teen					E			X		X	
Jazz II		C					X			X	
Jazz II Teen					E			X			X
Jazz III					E		X			X	
Jazz III, IV Teen						F		X			X
Jazz III/IV					E			X			X
Jazz IV, IV/V, V						F		X			X
Lyrical I		C					X			X	
Lyrical I Teen					E			X		X	
Lyrical II		C					X			X	
Lyrical II Teen					E			X			X
Lyrical III					E		X			X	
Lyrical III, IV Teen						F		X			X
Lyrical III/IV					E			X			X
Lyrical IV, IV/V, V						F		X			X
Musical Theatre I		C					X			X	
Musical Theatre II					E		X			X	
Tiny Tap	A								ACT I		
Tap I, II			C				X			X	
Tap III					E		X				X
Tap IV						F		X			X

COMPETITION CLASSES	FRI 6/17 SHOW 1	FRI 6/17 SHOW 2	SAT 6/18 SHOW 3	SAT 6/18 SHOW 4	SAT 6/18 SHOW 5
PRODUCTION	X	X	ACT I		X
COMP Duets: Anna/Kai, Emily/Jordan, Kaitlyn/Syd					X
COMP Duets: Cady/Grace, Ella/Elle	X				
COMP Duets: Kimmi/Sammy				X	
COMP Duets/Trio: Brooke/Lola/Claire, Sophie/Gen		X			
COMP Solos: Anna, Domenica, Emily, Jordan, Kai Leigh, Kaitlyn, Sydney					X
COMP Solos: Audrey, Brooke, Claire, Genevieve, Kailani, Lola, Sophia, Sophie, Nicole		X			
COMP Solos: Cady, Grace	X				
COMP Solos: Kimmi				X	
COMP: Alive					X
COMP: In the End			ACT II		
COMP: Mad House			ACT II		
COMP: Teen Spirit			ACT II		
COMP: What a Wonderful World			ACT II		
COMP: Bia Bia					X
COMP: Bigger					X
COMP: Burlesque					X
COMP: Came Here for Love		X			
COMP: Can't Hurry Love			ACT I		
COMP: Cinema Italiano					X
COMP: Dream Girls				X	
COMP: Emergency		X			
COMP: Estudiantina	X				
COMP: Fabulous				X	
COMP: Goons		X			
COMP: Hit the Road					X
COMP: Island				X	
COMP: Jet Set	X				
COMP: Lose Control	X				
COMP: Open Hands		X			
COMP: Problema				X	
COMP: Resucue		X			
COMP: Ships & Tides		X			
COMP: Sushi		X			
COMP: Toxic		X			
COMP: Weird People	X				
COMP: You Can't Stop the Beat	X				

# DRESS REHEARSAL

## HBDA 2022 SHOW



### REHEARSAL+ THEATRE RULES

- This is a closed rehearsal. Only ONE parent of younger dancers is allowed in the theatre during the rehearsal.
- NO food or drinks are allowed in the theatre.
- Masks must be worn at all times in the theatre. Dancers may remove masks while performing on stage.

### DRESS REHEARSAL ARRIVAL

Dancers and parents (who have younger dancers) will meet in the auditorium upon arrival. Please arrive promptly and wait for instructions from the director.

ALL dancers must arrive to dress rehearsal with full hair and makeup done, and according to the following:

#### Dancers who are in ONE dance/class only:

##### WEAR:

- costume, tights & accessories (with large shirt or jacket on top to protect from damage)
- full hair & makeup
- jewelry & nail polish removed

##### BRING:

- ballet, lyrical and jazz shoes should be carried in to keep them clean

#### Dancers who have TWO+ dances/classes:

##### WEAR:

- regular dancewear
- full hair & makeup (dancers in ballet classes should wear a bun, regardless if they have other routines)
- jewelry & nail polish removed

##### BRING:

- costumes, tights & accessories
- ballet, lyrical and jazz shoes should be carried in to keep them clean

### DRESS REHEARSAL PROCESS

At Dress Rehearsal ONLY, we run the finales FIRST. After we run the finales, dancers (with 2+ routines) will head to their designated dressing rooms to change into their show costumes. All dancers will then line up back stage in order by routine. The dress rehearsal routine order will be posted around the theatre. Dancers who are performing in more than one class - please check the order to determine which costume to change into.

Dancers may leave Dress Rehearsal once they have ran all their routines on stage. Parents, please stay with your younger dancers when not backstage – we do not have chaperones.

# SHOW TIME!

## HBDA 2022 SHOW



### SHOW DAY ARRIVAL + CHECK-IN

Dancers must arrive (with hair and makeup done) in the *first* costume they are performing in and bring any other costumes, shoes, accessories and hair/makeup supplies with them. (See show orders linked on our website) Dancers must arrive promptly at their **CALL TIME** and check-in at their designated check-in location.



#### CHECK-IN:

Shows 1, 3 (both Act I & II), and 4

Dancers will check in outside of the theatre by the ticket booth at a clearly designated table.

Parents of Show III Act I (and Tiny Tumbling I and II from Act II) will receive a wristband at the check in table. At the end of the show, dancers will only be released to family members with the wristband.

Shows 2 and 5

Dancers will check-in inside in the lobby. (All competition dancers will enter directly to the dressing rooms without check-in.)

### SHOW PROCESS

Once dancers are checked in, they will be taken to their groups (clearly designated with pictures of the costumes to help everyone find their group). Dancers who are in multiple routines will be sent to their first routine's group.

Dressing rooms will be for dancers with more than one dance only. Dressing room assignments will be posted daily. All others will have designated waiting areas (outside if possible).

When it's their time, staff will find the class in their designated location and let them know it is time to line up backstage. After performing, dancers will go back to their designated location and wait until staff lets them know to line up for finale.

- Dancers must remain in their designated location (dressing room or with their designated group) throughout the ENTIRE performance.
- Dancers MAY NOT enter the theatre/ audience at any point throughout the entire performance unless directed by HBDA staff. There are livestream TVs throughout the dressing rooms for dancers to watch the performance.
- Dancers must be self sufficient in costume and hair changes and must bring their own hair/makeup supplies. We will have dressing room helpers to help with quick changes and chaperones to help younger dancers with costume/ hair changes, if needed.
- We will have staff and chaperones on hand to direct classes and the flow of the show.

# SHOW TIME! CONT.

## HBDA 2022 SHOW



### AUDITORIUM RULES

There is **NO** food, drink, or gum (water is okay) allowed in the theater, backstage, or in any dressing room areas.

Dancers who bring snacks may eat in the lobby or outside the performing arts center but should *not* be in costume while eating.

We will have food monitors enforcing this rule at each show. Please have your dancer eat a full meal before arriving.

Please do your best to stay seated through the entire show; if you must leave, please do so between dances.

For the safety and protection of our dancers, there is **NO** photography or videography allowed in the theater with phones or cameras of any kind. If you are not following this rule, you may be asked to leave the theatre.

This year, to celebrate our 20th anniversary, all families will be provided one copy of a professional show recording sent to you digitally at no cost! **Up until 1 week after the show, you will be able to go to our website to order your video link to the show of your choice.** There will be a small fee for additional copies for other shows.



### AFTER THE SHOW PICKUP

After the finale, dancers may head back to their designated location, gather and pack up all their items, and exit through the lobby.

The lobby will be packed! It is recommended to plan a spot to meet your family after the show.

Please do not park or drop off/pick up in any red zones or on curbs.



# REQUIRED MAKEUP

## HBDA 2022 SHOW



NO jewelry

NO nail polish

NO visible underwear or bra straps with costumes, undergarments must be hidden!

## MAKEUP

Pre-Ballet, Adv. Pre-Ballet, Tiny Tumbling & Mini Hip Hop

Lipstick: Light pink

Blush: Light pink

Mascara: Black

Dancers in Level I and up classes:

Lipstick: Dark pink

Blush: Dark pink

Eyeshadow: Dark brown smokey eye. Gold shimmer on top (optional)

Foundation: optional

Eyelashes: False eyelashes. If unable to accommodate this, heavy mascara.

ALL dancers must bring their own makeup supplies with them to the shows and rehearsals for touch ups.

## MAKEUP TUTORIAL

[https://www.youtube.com/watch?v=-1h3A\\_0Qwrw](https://www.youtube.com/watch?v=-1h3A_0Qwrw)



# REQUIRED HAIR

## HBDA 2022 SHOW

Dancers must arrive to shows and dress rehearsals with hair and makeup done. If you are in multiple routines, please see the show orders (on our website) to see what your first hairstyle will be.

Pre-Ballet, Adv. Pre-Ballet High Bun  
Tiny Tumbling, Tiny Tap, Mini Hip Hop High Pony

Ballet I-V Low Bun (middle part)

Acro, Lyrical, Jazz, Musical Theatre, Hip Hop + Tap Levels I-V Low Pony (middle part)

All hair must be *securely* pulled back and off the face – no bangs!

### Supplies needed:

- brush/ comb
- hair spray/ gel
- hair ties, bobby pins/ barrettes (matching hair color)
- hair net (for buns)
- bun holder (for buns - not required but recommended)



HIGH PONY



LOW PONY



HIGH BUN



LOW BUN

All hair styles will require starting with a **pony tail**.

- Start by wetting all hair, using lots of gel or style holding product. Pull up all hair into a tight ponytail. This should sit at the top of the head for a high pony/bun or at the base of the neck for a low pony/bun. Use a brush or comb (teasing brushes work great) to slick the hair back, leaving no bumps. Secure with a strong hair tie. Finish with hair spray and gel to smooth away all flyaways. Dancers who have bangs, short or layered hair may need to use bobby pins or barrettes to hold all hair in place.

For **buns**, start with a secured pony tail.

- If you have a bun holder, pull the pony tail through the hole and bring the bun holder to the base of the pony. Smooth the hair out so that it covers the whole bun holder (sort of in the motion of a water fountain). Use a hair tie to secure hair around bun. Take remaining hair and twist it around the bun. Use bobby pins to keep hair in place and the wrap a hair net over the bun. Secure the bun and hair net in place with A LOT of bobby pins.
- If you do not have a bun holder, twist the pony tail into a bun. Secure with a bobby pin until you can get the hair net wrapped around the bun. Secure with A LOT more bobby pins.

Finish with hair spray and smooth any flyaways

### HAIR TUTORIALS

High Bun: <https://www.youtube.com/watch?v=flxmiWhRqmm>

Low Pony: <https://www.youtube.com/watch?v=eZlcXfJUPCo>

# REQUIRED SHOES

## HBDA 2022 SHOW

All dancers should have their required shoes at least 1-2 months prior to the performances to allow for breaking in the shoes. These shoes are already a part of our studio dress code.

### Acro + Tumbling barefoot

Pre + Adv. Pre-Ballet full sole pink ballet shoes,  
black ballet for boys

Ballet I-II pink ballet shoes

Ballet III+ split sole pink ballet shoes

Jazz I-II tan slip-on jazz shoes

Jazz III+ tan split sole slip-on jazz shoes

Musical Theatre I black slip-on jazz shoes

Musical Theatre II tan slip-on jazz shoes

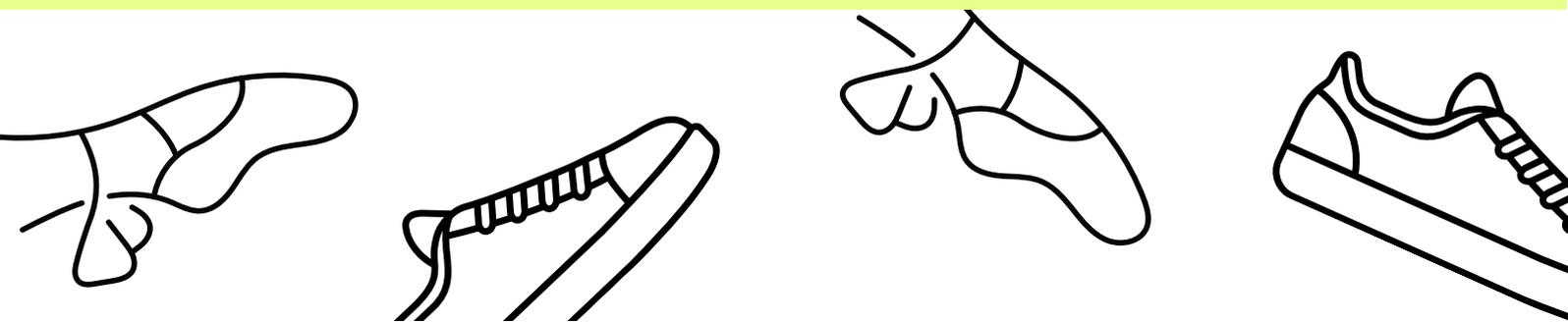
Lyrical I-V tan turners (tan paws ok for Lyrical I)

### Hip Hop white sneakers

Tiny Tap black patent leather mary-jane tap shoes,  
black oxford for boys

Tap I-II black tap shoes

Tap III+ tan tap shoes



# SHOW DAY CHECKLIST

## HBDA 2022 SHOW

### ALL dancers must arrive WEARING:

- nail polish and jewelry REMOVED
- required hair and makeup
- any required accessories
- any required tights or socks
- appropriate undergarments (underwear must be invisible!)
- costume (if in 2+ routines, see show orders (on our website) for your first costume)

### ALL dancers must BRING:

- required shoes
- garment bag + all additional costumes, tights, socks, accessories (if in 2+ routines)
- hair supplies for touch ups or hair changes
  - brush/ comb
  - hair spray, gel
  - hair ties
  - barrettes, bobby pins
  - hair net (ballet)
- makeup for touch ups
  - lipstick
  - eyeshadow, blush & brushes
  - lashes / mascara



# TICKETS + VOLUNTEERS

## HBDA 2022 SHOW



### TICKETS GO ON SALE SUNDAY, MAY 8

Anyone who comes to watch the show must purchase a ticket. Tickets may be purchased online and are available to purchase up until showtime.

To view fees and purchase tickets visit:  
[www.heartbeatdanceacademy.com/Show](http://www.heartbeatdanceacademy.com/Show)

Please read our Ticket FAQ for more information.

## PARENT VOLUNTEERS

Volunteers receive perks! Each volunteer will receive 1 free show ticket.

It is impossible to put on a successful performance without our amazing volunteers! Some examples of volunteer roles include ushers, door monitors, backstage monitors, lobby tables, etc.

## VOLUNTEER SIGN UP

Sign up is through your Parent Portal. On the homepage of the portal, scroll down and look for this icon:



\*Please be sure to double check your dates before signing up. Volunteers typically arrive 75 minutes prior to show time and stay until after the show has ended, depending on the role.



# PHOTOS + VIDEOS

## HBDA 2022 SHOW

### SHOW VIDEOS

This year, to celebrate our 20th anniversary, all families will be provided one copy of a professional show recording sent to you digitally at no cost!

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### SHOW PHOTOS

Most dress rehearsals will be photographed by Jeff Bartee, who will also be shooting Picture Day. Action shots from dress rehearsal will be available to purchase in prints or digital files.

\*It is important that dancers have are in full costume with correct shoes and hair & makeup at dress rehearsal.



For the safety of our dancers, NO videography or photography is allow inside the theatre. Those who do not abide by this rule may be asked to leave.

## PICTURE DAY!

SUNDAY, JUNE 5 in the MUR

Join us for Picture Day with Jeff Bartee!

Dancers are individually photographed in costume for a keepsake memory of this year's show. ]Group shots may be available depending on attendance.

Families will be able to purchase prints and digital images - it is truly a treasure to have these special dance memories to look back on!

go to [www.heartbeatdanceacademy.com/show](http://www.heartbeatdanceacademy.com/show)  
for schedule + sign up

